



Purpose and rationale

The primary purpose of this qualification is to develop competencies in a learner as required for a career in the Domestic Services Industry.

Learning assumed to be in place

As this is an NQF Level 1 qualification, and therefore the starting point of a career and of training and development in various industries, no formal learning is assumed.

Modules and outcomes covered

Personal finance	Relationship with Employer
<ul style="list-style-type: none">• 12509: Manage personal finances• 7447: Working with numbers in various contexts• 14084: Demonstrate an understanding of and use the numbering system• 7449: Critically analyse how mathematics is used in social, political and economic relations	<ul style="list-style-type: none">• 12510: Maintain effective work relationships in a cleaning environment• 12462: Engage in a range of speaking and listening interactions for a variety of purposes• 12469: Read and respond to a range of text types• 12470: Write for a variety of different purposes• 7524: Show a critical awareness of language usage
Personal Hygiene	Planning, Handling and Storing Food
<ul style="list-style-type: none">• 12514: Maintain personal hygiene, health and presentation	<ul style="list-style-type: none">• 7748: Handle and store food hygienically and safely
Planning Tasks	Security in and around the House
<ul style="list-style-type: none">• 12513: Plan and manage time in the workplace	<ul style="list-style-type: none">• 14663: Maintaining a domestic housekeeping service
Cleaning Principles	Cleaning Bedrooms and Bathrooms
<ul style="list-style-type: none">• 12515: Identify surfaces, spoilage and its cleaning procedures• 12520: Understand basic cleaning principles and perform basic cleaning task	<ul style="list-style-type: none">• 12522: Clean and maintain restrooms and bathrooms• 12519: Clean and maintain toilets and urinals• 14658: Clean floors in a domestic environment

- 12517: Use chemicals in cleaning procedures
- 12518: Handle and store cleaning chemicals
- 7602: Prepare beds and handle linen and bed coverings
- 7605: Service guest bedroom areas
- 12530: Remove spots from carpets

Preparing Light Meals

- 7701: Prepare and boil, pouch and steam foods
- 7802: Prepare and cook basic egg dishes
- 7809: Prepare and cook basic food fruit dishes
- 7659: Prepare fruit for hot and cold dishes
- 7661: Prepare cold and hot sandwiches and rolls
- 7677: Prepare cook and assemble food for quick service

Cleaning Kitchens and Windows

- 12528: Clean small kitchens, kitchenettes and tea kitchens
- 12523: Clean above floor surfaces
- 12529: Clean windows, frames and glass panels

Preparing Main Meals

- 7762: Prepare and cook rice dishes
- 7697: Prepare and bake food
- 7665: Prepare and grill food
- 7662: Prepare and microwave food
- 7810: Prepare and cook starch
- 7805: Prepare and cook basic pasta dishes
- 7808: Prepare and cook vegetables for cold and hot dishes
- 7660: Prepare vegetables for cold and hot dishes
- 7678: Prepare and cook battered fish and chipped potatoes
- 7811: Prepare and cook basic vegetable protein dishes

Life Skills

- 7451: Collect, analyse, use and communicate numerical data
- 7812: Perform basic calculations
- 7461: Use maps to access and communicate information concerning routes, location and direction
- 7463: Describe and present objects and the environment in terms of shape, space, time and motion
- 7464: Analyse cultural products and process as representation of shape, space and time

Duration

1460 Notional hours of learning